

SPIRA YOGA SCHOOL

200 Hour Yoga Teacher Training

2020 Hot + Flow Yoga Weekend Course in Chico, CA

TRAINEE APPLICATION

Full Name

Birth Date

Full Address (Include City, State, and Zip Code)

Email

Phone Number

Yoga Experience (please circle the option that best describes your practice experience):

BEGINNER

practice 2-3 times per week for 6 months to 2 year, or practiced sporadically over several years

INTERMEDIATE

practice 2-5 times per week for 2 to 5 years

ADVANCED

practice 3-6 times per week for over 5 years

What excites you about yoga? Why are you interested in a 200 Hour Yoga Teacher Training Course?

Please list a personal and a yoga reference (can be the same person; include full name, years knows, & phone):

Personal Reference:

Yoga Reference:

Is there anything else you would like to share with us?
